

Panama Darién Extension II

25th February to 3rd March 2017 (7 days)

Best of Birding Panama II

3rd to 12th March 2017 (10 days)

Trip Report



Crested Eagle by Rich Lindie

Trip report compiled by Tour Leader: Rich Lindie



Grey-cheeked Nunlet by Rich Lindie

Tour Summary

Kicking off from the capitol city, the first day of our Panamanian birding adventure would see us travelling all the way from the hustle and bustle of some of the city's busiest streets, through increasingly rural and even dilapidated areas, around the shores of Lake Bayano, in and out of the hills around Nusagandi, and eventually into the wide-open expanses of the Darién province. Needless to say, we made several stops along the way, and despite the total number of hours spent bus-bound, our first day's bird tally stood at well over one hundred species by nightfall! Highlight sightings on the list included great views of both Striped Cuckoo and Pied Water Tyrant near Lake Bayano; our only Bat Falcon of the trip (also at Lake Bayano); Brown-capped Tyrannulet, Mistletoe Tyrannulet, Rufous-winged Tanager, Scarlet-thighed Dacnis and Black-and-yellow Tanager at Nusagandi; Blackand-white Hawk-Eagle and Ornate Hawk-Eagle near Nusagandi; and a host of hummingbird species seen at feeders, including Rufous-tailed Hummingbird, Scaly-breasted Hummingbird, Violet-bellied Hummingbird, Sapphire-throated Hummingbird, Blue-chested Hummingbird and Snowy-bellied Hummingbird. We even picked up our first of several sloths sighted during the trip.

For our first morning in the Darién, we worked the forest around camp and along the access road, with great success. Not only that, we managed to do so in a very relaxed manor and with very little driving - no doubt much-appreciated after spending several hours on the road the previous day! With so many trip birds added, it's hard to single out just a few highlights but species of special note include a Grey-cheeked Nunlet that couldn't have cooperated any better, a Black-bellied Wren that did much the same, a pair of Black-headed Tody-flycatchers, a pair of Spot-crowned Barbets, our first Plain-colored Tanagers, Cinnamon Becard, Double-banded Greytail,

Cinnamon Woodpecker, White-necked Puffbird, our only Chestnut-fronted Macaws of the trip, Yellow-bellied Flycatcher, a singleton of the seemingly ever-present (by sound) Yellow-crowned





Harpy Eagle by Rich Lindie

Tyrannulet, Grey-lined Hawk and Savanna Hawk. For the afternoon, we spent a little time in the vicinity of the Chucunaque River, where we added Blue Cotinga, Black Antshrike, Mangrove Swallow and Olivaceous Piculet to our growing list.

Venturing much further from the lodge on our second day, to the Sinai area, we added yet another long list of new birds to the trip list, though the undoubted highlight of our morning was the Crested Eagle that we spent over an hour with. Watching her at leisure as she guarded and tended to her nest (despite the strong winds that threatened to blow her off her perch at times!), even those in the group who had seen this species before, couldn't deny that the experience was already firmly placed in the top few sightings of the trip! Other highlights of the morning, and by no means under-appreciated, included great views of a Semiplumbeous Hawk, our only Black-breasted Puffbird of the trip, a fine adult Laughing Caracara, flocks of Black-chested Jay, showy White-eared Conebills, Ruddy-tailed Flycatcher, male Golden-headed Manakins, our first Black-crowned Antbirds, a pair of Song Wrens, a well-studied Golden-green Woodpecker, a cooperative Rufous Mourner and also our first Redrumped Woodpecker - all of which were seen along the trail to the eagle's nest, or along the access road from the highway.

In Sinai Village itself, we enjoyed a little shopping and a break for lunch, interrupted at one point for a Spot-breasted Woodpecker that came flying through the village hall! Post-lunch, we strolled along the riverfront on the edge of town, finding a wonderfully cooperative pair of Barred Puffbirds, and our first Red-billed Scythebill of the trip, whilst a late afternoon stroll around camp produced our first White-headed Wrens.

After waking up once again to breakfast with Pauraques, we set off to yet another area of the Darién, mostly with Dusky-backed Jacamar, Choco Sirystes, Orange-crowned Oriole and Black Oropendola in mind. Once there, and whilst searching for these targets - all of which we found without much trouble, we also had several other great sightings, including close-ups of a Grey-headed Kite, a



Sapayoa by Rich Lindie

handful of Crane Hawks, better (unbeatable) looks at Red-rumped Woodpecker, our only Red-throated Caracaras of the trip, perched Brown-hooded Parrots, a Streaked Xenops, Black Antshrike, a pair of Bare-crowned Antbirds, more White-headed Wrens, and our first Chestnut-backed Antbirds of the trip.

Our afternoon excursion, on the other hand, saw little in the way of a big list, but rather one big 'tick'. Indeed, a great big tick - Great Green Macaw! It may have taken a little more time than expected but what a show we had from a pair of these fantastic birds - another trip highlight!

Our final full day in the Darién had been preceded with so much anxiety and anticipation that it was with as much relief as elation that we were given the go-ahead to visit one of the Harpy Eagle nests near El Real. That said, knowing the young bird was no longer being attended to by the parents on a regular basis, and that it was very mobile, the sense of relief was only temporary. We also had several hours of travel (by bus, by boat, and on foot!) to endure. Fortunately, and with almost not a minute wasted, we found ourselves laying eyes on one of these incredible birds within only minutes of completing our journey! Videos and pictures taken by the hundreds, celebrations all round, and just as soon as we'd gathered our breath, it was time to turn around and retrace our steps. Nonetheless, a very successful day in the Darién (and a successful trip to Panama for some!). To top it all off, we somehow managed to bag unbeatable views of displaying Golden-collared Manakins, a Stripe-throated Wren, a Black-capped Pygmy Tyrant, Spectacled Parrotlet and a Crimson-bellied Woodpecker whilst rapidly covering the six hours of travel!

As many of the previous days had had a highlight species, it was fitting that our final day in the Darién saw us focusing on the enigmatic and unique Sapayoa. Being that it involved our second visit to the Nusagandi area, we were at least able to focus our attention on this species and just a few others.



Rufous-crested Coquette by Rich Lindie

Incredibly, it didn't take all that long for success to come, and we ended up spending a wonderful thirty minutes with one Sapayoa, allowing us plenty of time to find Sulphur-rumped Tanager and Blue-crowned Manakin. Some even managed a glimpse of Olive-backed Quail-Dove in the process! For those group members to whom we bid farewell that afternoon, things certainly ended on a high note, while the rest of us, along with a few additions, had the second leg of our journey to look forward to, as we gathered at the airport and made our way to Gamboa for the start of the main tour.

We started our exploration of the Canal area, the next morning, with a visit to the Rainforest Discovery Center access road, where it didn't take long for us to lay eyes on our first of many great birds, including Spotted Antbird, Scarlet-rumped Cacique, Slaty-tailed Trogon, Dot-winged Antwren, Moustached Antwren and Fasciated Antshrike. while a cup of coffee and a short visit to the Discovery Center itself produced great views of a delightful male Rufous-crested Coquette and a Pheasant Cuckoo! Shortly after, a stroll to the start of the pipeline track gave us views of a roosting Great Potoo (thanks to Brenda!) and our first of many Southern Bentbills.

After lunch, we enjoyed another stroll, this time along the old Gamboa Road, where Painted Bunting, Rose-breasted Grosbeak, Thick-billed Seed Finch, Yellow-bellied Seedeater, Golden-fronted Greenlet, Lance-tailed Manakin and Black-headed Tody-Flycatcher put in appearances.

The next morning took us to new heights, as we climbed to the top of the Rainforest Discovery Center tower for a chance to scope out the canopy and some of its most colorful denizens. Listening all the while to the splendid dawn-chorus, we were soon jolted into action, when the first of many male Blue Cotingas put in an appearance, followed not long after by equally showy Scaled Pigeons, Red-legged Honeycreepers, Keel-billed Toucans and Purple-throated Fruitcrows, as well as a few sloths, to boot. Back down on the forest floor, and a few hundred meters along the pipeline track.

We then had our first of three encounters with the spectacular Ocellated Antbird, a pair of Rufous





Collared Aracari by Rich Lindie

Motmots, more Spotted Antbirds, Checker-throated Antwren, a pair of Olivaceous Flatbill, and a trio of Bicolored Antbirds.

For the afternoon, we returned to the Rainforest Discovery Center access road, where a magical encounter with a White-whiskered Puffbird and a few Great Tinamous were unbeatable highlights. Back on the main road, however, an even greater highlight for some, was our sighting of Yellow-breasted Crake at the Ammo Dump Ponds - a very unexpected bonus indeed!

Having focused more on the Yellow-breasted Crake the day before, we still had to settle our score with White-throated Crake, and so set out to the Ammo Dump Ponds once again, the following morning. Disappointed and empty-handed we were not, finding no less than three birds that were willing to put in an appearance, sometimes showing off all at the same time! It was then to the old Gamboa Road that we headed off, to spend the remainder of our time in the Gamboa area before leaving for the Miraflores locks and Albook. The old Gamboa Road, this time the northern section, provided us with a few goodies, including Panamanian Flycatcher, Rufous-breasted Wren, Whooping Motmot and Black-striped Sparrow, whilst our time admiring the locks was spent in the company of Brown Pelicans, Magnificent Frigatebirds and Laughing Gulls.

For the following day, we made a day-trip up to Cerro Azul and surrounds, where exploration of the town's well-forested roads provided us with a host of foothill and highland species, including several that were new for the trip. Highlights of these included Isthmian Wren (pretty much the first bird of the day), Blue-black Grosbeak, a wonderfully cooperative Tooth-billed Tanager, Black-and-yellow Tanager, Emerald Tanager, Rufous-capped Warbler, White-ruffed Manakin, Scale-crested Pygmy Tyrant, Mistletoe Tyrannulet and our only Black-striped Woodcreeper of the trip. A visit to couple of gardens containing hummingbird feeders, in addition, added such delights as Bronze-tailed Plumeleteer, Violet-capped Hummingbird, more Rufous-crested Coquette, and Violet-headed Hummingbird to our list.



Shining Honeycreeper by Rich Lindie

With a few more lowland-associated species still to find, we set off early the next morning for Metropolitan Park, where we spent a couple of hours strolling the wonderfully wide walkways. Among the several sightings we had, our encounters with a pair of very demonstrative Green Shrike-Vireos and a Rosy Thrush-Tanager were the most-appreciated, whilst appearances from several Barred Antshrikes, a couple of Dusky

Antbirds, a determined White-bellied Antbird, further male Lance-tailed Manakins, a Rufous-and-white Wren and a few Orange-billed Sparrows were also very welcome. Unfortunately, a Panamanian Tyrannulet showed to only a lucky few of us. Post breakfast, a stroll around the wetland near our accommodation saw the last of us (finally!) catching up with Grey-headed Chachalaca. Our afternoon, by contrast, found us at much higher and cooler climes, where a little birding on the edge of El Valle nabbed us only a White-lined Tanager for our efforts.

Our first morning in El Valle was, thankfully, much more successful than our first afternoon. The weather was also a lot more pleasant! Starting at a small patch of scrub within the town itself, we quickly picked up a Scrub Greenlet, before heading to the outskirts of town, where some habituated Dusky-faced Tanagers were a welcome treat. Following that, we continued out of town, to what we soon dubbed 'the dip', where an onslaught of new birds was picked up - mostly all within the same mixed-species flock! Among these, notable species include Broad-billed Motmot, Slaty Antwren, Plain Antvireo, Spot-crowned Antvireo, Spotted Woodcreeper, Wedge-billed Woodcreeper, Tawny-capped Euphonia, Bay Wren and a couple of gorgeous Golden-winged Warblers. Back in town, a little later in the morning, a walk through some drier forest provided us with great views of our first Lesson's Motmots and two spectacular Spectacled Owls!

Our afternoon wasn't too shabby either, when a walk along the Cerro Gaital Trail turned up a flock of Black-faced Grosbeaks, a White-throated Spadebill, an Olive-striped Flycatcher, an inquisitive Spotted Barbtail, Green-crowned Brilliant, displaying Green Hermits, a perched Double-toothed Kite and a couple of Common Bush Tanagers, among a few other species. In addition, another visit to 'the dip' and some nearby flowering trees added Red-crowned Ant Tanager, Silver-throated Tanager and Myrtle Warbler to our burgeoning list.

A full morning's visit to Cerro Campana the next day didn't yield much of interest, barring a Northern Schiffornis and a change of scenery, as did our afternoon birding sessions back in El Valle, where a White Hawk in the Cara Iguana area, and Garden and White-tailed Emeralds at the base of Cerro Gaital were all we added to our list.

For our final day in the El Valle area, we decided to give the Las Zamias Trail a try, though the general lack of new species there had me thinking we'd had too much of a successful first day in the area! A Black-faced Antthrush spotted by some, and a seemingly oblivious Black-throated Trogon above the trail were, however, great consolation. A final visit to the Cerro Gaital area was also appreciated, as some had missed the White-tailed Emeralds the day before.

That evening, we transferred back to Panama City, where a detour through the glitzy part of town was welcomed by all.

With a little bit of spare time before our departing flights, we set off for Cerro Azul once more, hoping to grab a couple more special birds in the eleventh hour - in particular, Stripe-cheeked Woodpecker and Carmiol's Tanager. Amazingly, the tanager put up no fight, whilst we had to wait until the very last moments to see the woodpecker - a pair of which we found attending a nest, at the final spot we had decided to try! We also picked up Scarlet Tanager and Indigo Bunting for our lists, as well as a Blue-black Grosbeak (especially for those who mistakenly ignored the one that was sighted a few days prior!). A fine end to a great tour, and a great send-off for the group - one which I thoroughly enjoyed travelling with!

Panama

Annotated List of species recorded

List powered through the report generator of our partner iGoTerra.

Birds (386 in total)

Nomenclature and taxonomy follows Gill, F and D Donsker (Eds). 2017. IOC World Bird List (v 7.1).

Status codes: E = Endemic, NE = Near-endemic, I = Introduced

IUCN codes: $\mathbf{CR} = \mathbf{Critically}$ endangered, $\mathbf{EN} = \mathbf{Endangered}$, $\mathbf{VU} = \mathbf{Vulnerable}$, $\mathbf{EW} = \mathbf{Extinct}$ in the Wild,

NT = Near Threatened, DD = Data Deficient, LO = Sighted by the Leader Only

General codes: RDC = Rainforest Discovery Center, (**LO**) = Sighted by one or both of the tour leaders only,

 $(\mathbf{H}) = \text{Heard only}$

Tinamous *Tinamidae*

Great Tinamou (NT)

Tinamus major

Great views of a handful - all along the road to the Rainforest Discovery Center.

(H) Little Tinamou Crypturellus soui

Heard throughout the Darién.

Ducks, Geese, and Waterfowl Anatidae

Black-bellied Whistling Duck Dendrocygna autumnalis

A couple of sightings in the Darién, One sighting in the Canal area.

Muscovy Duck

Cairina moschata

Two sightings in the Darién.

Blue-winged TealAnas discors

Observed 1 day in total.

Guans, Chachalacas, and Curassows Cracidae

Grey-headed Chachalaca

Ortalis cinereiceps

One sighting, for some, in the Darién, followed by several sightings throughout the main tour.

Storks Ciconiidae

Wood Stork

Mycteria americana

Several in the Darién, a handful in the Canal area.

Ibises and Spoonbills Threskiornithidae

American White Ibis

Eudocimus albus ramobustorum

Several sighted during our boat rides between Yaviza and El Real.

Glossy Ibis

Plegadis falcinellus

A few sighted during our drive to Panama City on the penultimate day of the main tour.

Herons, Egrets, and Bitterns Ardeidae

Rufescent Tiger Heron Tigrisoma lineatum lineatum

A few sightings in the Canal area, including our first – at the Ammo Dump ponds. **(LO) Fasciated Tiger Heron** *Tigrisoma fasciatum salmoni*

En route to the Harpy Eagle site, near El Real.

(H) Least Bittern Ixobrychus exilis

Heard during one of our visits to the Ammo Dump Ponds.

Black-crowned Night Heron

Nycticorax nycticorax hoactli

Several sighted during our morning boat ride between Yaviza and El Real, Darién.

Yellow-crowned Night Heron

Nyctanassa violacea caliginis

As with the above species.

Green Heron *Butorides virescens virescens*

A few observed at the Old Gamboa Ponds.

Striated Heron *Butorides striata striata*

Observed 1 day in total.

Western Cattle Egret Bubulcus ibis

Several sightings on both trip segments.

Great Blue Heron Ardea herodias

A handful of sightings between both trip segments.

Cocoi Heron Ardea cocoi

As with the species above.

Great Egret Ardea alba egretta

Also seen on a handful of occasions, and on both trip segments.

Tricolored Heron *Egretta tricolor ruficollis*

At least two sighted during our boat rides between Yaviza and El Real.

Little Blue Heron *Egretta caerulea*

First sighted between Yaviza and El Real, subsequently frequently sighted in the Canal area.

Snowy Egret Egretta thula

As with the species above.

Pelicans Pelecanidae

Brown PelicanPelecanus occidentalis

Several at the Miraflores Locks, followed by a few along the coast near Panama City.

Frigatebirds Fregatidae

Magnificent Frigatebird Fregata magnificens

Observed daily during our time around the Canal and adjacent coastal areas.

Cormorants and Shags Phalacrocoracidae

Neotropic CormorantPhalacrocorax brasilianus brasilianus

A handful of scattered sightings, shared between both trip segments.

Anhingas Anhingidae

Anhinga Anhinga anhinga leucogaster

A few sightings in both the Darién and Canal area.

New World Vultures Cathartidae

Turkey Vulture Cathartes aura

Daily sightings.

Lesser Yellow-headed Vulture Cathartes burrovianus burrovianus

Three sightings, over two days, in the Darién.

Black Vulture Coragyps atratus

Daily sightings.

King Vulture Sarcoramphus papa

A handful of sightings in the Darién.

Osprey Pandionidae

Western Osprey Pandion haliaetus carolinensis

A handful sighted in the Canal area.

Hawks, Eagles, and Kites Accipitridae

White-tailed Kite Elanus leucurus

Two sightings in the Darién.

Grey-headed Kite Leptodon cayanensis cayanensis

One sighted in the Darién.

Swallow-tailed Kite *Elanoides forficatus*

Several sightings on both the extension and the main tour.

Crested Eagle (NT)

Morphnus guianensis

An unforgettable encounter with a magnificent female on her nest! **Harpy Eagle (NT)** *Harpia harpyja*

For several of us, and for several reasons, our sighting of this iconic species was even more significant than that of the previous species, despite this species being easier to connect with.

Nothing like a bit of uncertainty to stir up the emotions!

(H) Black Hawk-Eagle Spizaetus tyrannus serus

Heard and ignored during our search for the above species (showing just how focused we were!).

Black-and-white Hawk-Eagle Spizaetus melanoleucus

One sighting during our first visit to the Nusagandi area.

Ornate Hawk-Eagle (NT)

Spizaetus ornatus vicarius

As with the above species.

Double-toothed KiteHarpagus bidentatus fasciatus

Also sighted during our first drive to Nusagandi, though our best views were of a perched bird

near Cerro Gaital.

Plumbeous Kite Ictinia plumbea

Several sighted throughout the Darién.

Snail Kite Rostrhamus sociabilis sociabilis

A couple of sightings in the Canal area.

Crane Hawk Geranospiza caerulescens

A handful of fantastic sightings in the Darién.

Common Black Hawk

Buteogallus anthracinus

One observed for several minutes near the Great Green Macaw nest.

Savanna Hawk

Buteogallus meridionalis
Two sightings on the Canopy Camp property (during our first full day there).

Roadside Hawk Rupornis magnirostris

Several in the Darién, one in Valle.

White Hawk Pseudastur albicollis costaricensis

One sighting near Cara Iguana (El Valle del Anton).

Semiplumbeous Hawk

Leucopternis semiplumbeus

One (perched) seen during our walk to the Crested Eagle nest.

Grey-lined Hawk

Buteo nitidus blakei

Two sightings in the Darién, including one along the Canop Camp access road. **Broad-winged Hawk**Buteo platypterus platypterus

One sighting in Valle del Anton.

Short-tailed Hawk

Buteo brachyurus fuliginosus

A few, scattered sightings shared between both trip segments.

Swainson's Hawk Buteo swainsoni

One sighting, of a few individuals migrating, over the old Gamboa road. **Zone-tailed Hawk**Buteo albonotatus

A few sightings during our first two days in the Darién.

Rails, Gallinules, and Coots Rallidae

White-throated Crake

Laterallus albigularis

Great views of at least three individuals, at the Ammo Dump Ponds.

(H) Grey-necked Wood Rail

Aramides cajaneus cajaneus

Along the road to 'the dip' (El Valle del Anton).

Yellow-breasted Crake

Porzana flaviventer flaviventer

Another unforgettable encounter and a very unexpected bonus from one of our visits to the

Ammo Dump Ponds.

Purple Gallinule

Porphyrio martinica

Several in the Canal area.

Common Gallinule

Gallinula galeata

As with the above species.

Stilts and Avocets Recurvirostridae

Black-necked Stilt

Himantopus mexicanus mexicanus

A handful in the canal near the airport.

Plovers and Lapwings Charadriidae

Southern Lapwing

Vanellus chilensis cayennensis

Several sightings on both trip segments.

Jacanas Jacanidae

Wattled Jacana

Jacana jacana hypomelaena

One sighting in the Darién, several sightings in the canal area.

Sandpipers and Allies Scolopacidae

Greater Yellowlegs

Tringa melanoleuca

Seen together with the species below (always a pleasing experience) near our hotel in Albook.

Lesser Yellowlegs

Tringa flavipes

See the species above.

Solitary Sandpiper

Tringa solitaria

Also sighted near our hotel in Albook.

Willet

Tringa semipalmata

Spotted from the highway during our drive from El Valle back to Panama City.

Spotted Sandpiper

Actitis macularius

A few sightings in the Darién.

Least Sandpiper

Calidris minutilla

A few near the airport, and at the wetland near our hotel in Albook.

Pectoral Sandpiper

Calidris melanotos

One individual at the wetland near our hotel in Albook.

Gulls, Terns, and Skimmers Laridae

Laughing Gull

Leucophaeus atricilla megalopterus

Several around the Miraflores Locks.

Large-billed Tern

Phaetusa simplex

One sighted from the riverside restaurant at the Old Gamboa Resort – a significant sighting in Panama.

Pigeons and Doves Columbidae

Rock Dove

Columba livia var. domestica

Scaled Pigeon

Patagioenas speciosa

Great views of a few from the Discovery Center tower.

Pale-vented Pigeon

Patagioenas cayennensis pallidicrissa

Common around Panama City and the Canal area. A few sighted in the Darién. (H) Short-billed Pigeon Patagioenas nigrirostris

In several areas of the Darién.

Ruddy Ground Dove

Columbina talpacoti rufipennis

Sighted almost daily – on both legs.

Blue Ground Dove

Claravis pretiosa

A handful of sightings in the Darién.

Olive-backed Quail-Dove

Leptotrygon veraguensis

A brief encounter, and only for some, during our search for Sapayoa.

White-tipped Dove

Leptotila verreauxi verreauxi

Daily sightings in the Darién, followed by a few on the main tour (El Valle area).

Grey-chested Dove

Leptotila cassinii

A couple of sightings along the Rainforest Discovery Center access road.

Cuckoos Cuculidae

Greater Ani

Crotophaga major

Sighted on three days during the Darién extension.

Smooth-billed Ani

Crotophaga ani

Daily sightings in the Darién.

Groove-billed Ani

Crotophaga sulcirostris

Two sightings in the Darién.

Striped Cuckoo

Tapera naevia

Great views near Lake Bayano.

Pheasant Cuckoo

Dromococcyx phasianellus

Also seen well (near the Rainforest Discovery Center) – a trip highlight for at least a few of us!

Squirrel Cuckoo

Piaya cayana thermophila

Several sightings on both the extension and the main tour.

Owls Strigidae

(H) Vermiculated Screech Owl

Megascops vermiculatus

Apparently heard in the Canopy Camp grounds.

Black-and-white Owl

Strix nigrolineata

One sighting near the Canopy Camp restaurant.

(H) Crested Owl

Lophostrix cristata

Heard from the Canopy Camp grounds.

Spectacled Owl Pulsatrix perspicillata

Fantastic views (during the day) on the outskirts of Valle del Anton.

(H) Central American Pygmy Owl Glaucidium griseiceps

Also heard from the Canopy Camp grounds!

Potoos Nyctibiidae

Great Potoo Nyctibius grandis grandis

One individual, sighted on two days, near the RDC - thanks to Brenda.

Nightjars and Allies Caprimulgidae

Pauraque Nyctidromus albicollis

Almost daily sightings around the Canopy Camp grounds (mostly during breakfast and dinner).

Swifts Apodidae

White-collared Swift Streptoprocne zonaris bouchellii

Sighted during both trips to the Nusagandi area (Darién extension).

Band-rumped SwiftChaetura spinicaudus aetherodroma

A few sightings in the Darién.

Grey-rumped Swift Chaetura cinereiventris phaeopygos

A couple of sightings around El Valle.

Short-tailed Swift Chaetura brachyura brachyura

A couple of individuals sighted from the RDC tower.

Lesser Swallow-tailed SwiftPanyptila cayennensis

Great views from the RDC tower.

Hummingbirds *Trochilidae*

(H) White-tipped Sicklebill Eutoxeres aquila salvini

El Real, Darién.

Rufous-breasted HermitGlaucis hirsutus hirsutus

Two sightings of perched individuals in the Darién.

Band-tailed BarbthroatThrenetes ruckeri

Good views of one, just before the Sapayoa was found.

Green Hermit Phaethornis guy coruscus

Several sighted during the main tour, including males seen singing along the Cerro Gaital trail.

Long-billed Hermit Phaethornis longirostris cephalus

A few males seen singing from favored perches during our time in the Canal area.

Pale-bellied Hermit Phaethornis anthophilus

Seen coming to the Canopy Camp feeders on a few occasions.

Stripe-throated Hermit Phaethornis striigularis saturatus

A few sighted in the Canal area and in El Valle.

Scaly-breasted Hummingbird Phaeochroa cuvierii

Seen throughout the Darién, and at the RDC feeders.

White-necked Jacobin Florisuga mellivora mellivora

Seen on several days, throughout the main tour.

Black-throated Mango Anthracothorax nigricollis

Daily sightings in the Darién (mostly at the Canopy Camp feeders), and on a few occasions in El

Valle.

Violet-headed Hummingbird Klais guimeti merrittii

Great views in Cerro Azul, followed by further sightings in the El Valle area.

Rufous-crested Coquette Lophornis delattrei lessoni

Fantastic views at the RDC feeders, and in Cerro Azul.

Green Thorntail Discosura conversii

One sighting, and only for some, in El Valle.

Garden Emerald Chlorostilbon assimilis

Eventually found at flowering shrubs at the base of Cerro Gaital.

White-tailed Emerald

Sighted on a few occasions at the same site as the above species.

Violet-capped Hummingbird

Goldmania violiceps

A few sightings – on both visits to Cerro Azul.

Crowned Woodnymph Thalurania colombica

Sighted on several days during the main tour – often at feeders.

Violet-bellied Hummingbird Juliamyia julie panamensis

Great views, on several occasions, around Canopy Camp (mostly at Verbena flowers).

Sapphire-throated Hummingbird Lepidopyga coeruleogularis

Also seen several times around Canopy Camp.

Rufous-tailed HummingbirdAmazilia tzacatl

Several encounters, throughout both trip segments.

Blue-chested HummingbirdAmazilia amabilis

As with the above species.

Snowy-bellied HummingbirdAmazilia edward

As with the above two species, and also often at feeders.

Bronze-tailed PlumeleteerChalybura urochrysia

Great views at feeders in Cerro Azul, and again in forest on the outskirts of El Valle.

Green-crowned BrilliantHeliodoxa jacula

One observation, at the top of Cerro Gaital.

Purple-crowned Fairy Heliothryx barroti

Sighted by one participant only, along the old Gamboa road.

Long-billed StarthroatHeliomaster longirostris longirostris

Sighted at feeders, on the nest, and in forest in the Darién.

Trogons Trogonidae

Slaty-tailed Trogon massena hoffmanni

The most-regularly encountered trogon on the main tour.

Black-tailed Trogon Trogon melanurus macroura

The most-regularly encountered trogon on the Darién extension.

White-tailed Trogon

Trogon chionurus

One observation – along the RDC access road.

Gartered Trogon Trogon caligatus concinnus

One sighting in Cerro Azul.

Black-throated TrogonTrogon rufus tenellus

A few close-up encounters in the Canal area.

(H) Collared Trogon Trogon collaris

Cerro Campana.

Kingfishers Alcedinidae

(LO) American Pygmy Kingfisher Chloroceryle aenea aenea

Near the first Black Oropendola colony we encountered.

Amazon Kingfisher Chloroceryle amazona

Three sightings in one day in the Darién.



Ringed Kingfisher

Megaceryle torquata torquata

A few scattered sightings – shared between both tours.

Motmots Momotidae

Lesson's Motmot

Momotus lessonii lessonii

Great views of a pair, just after we found the Spectacled Owls, in El Valle.

Whooping Motmot

Momotus subrufescens subrufescens

Great views along the La Laguna Trail (Old Gamboa Resort) and in Metropolitan Park.

Rufous Motmot

Baryphthengus martii semirufus

A handful of great sightings on the main tour.

Broad-billed Motmot

Electron platyrhynchum minus

Also seen well, notably around El Valle on a few occasions.

<u>Jacamars Galbulidae</u>

Dusky-backed Jacamar

Brachygalba salmoni

Successfully 'twitched' on our thrid full day in the Darién.

(H) Rufous-tailed Jacamar

Galbula ruficauda melanogenia

Heard in the Darién.

(H) Great Jacamar

Jacamerops aureus penardi

As with the above species.

Puffbirds Bucconidae

White-necked Puffbird

Notharchus hyperrhynchus hyperrhynchus

Fantastic views of a pair, along the Canopy Camp access road.

Black-breasted Puffbird

Notharchus pectoralis

Also seen well – during our drive to the Crested Eagle nest area (Sinai).

Pied Puffbird

Notharchus tectus subtectus

Two sightings during our time in the Darién.

Barred Puffbird

Nystalus radiatus

Great views, near Sinai, Darién.

White-whiskered Puffbird

Malacoptila panamensis

Incredible views of one (following very good views of others) along the RDC access road.

Grey-cheeked Nunlet

Nonnula frontalis stulta

Also seen incredibly close for several minutes – along the Canopy Camp access road.

New World Barbets Capitonidae

Spot-crowned Barbet

Capito maculicoronatus

Great views of a pair, twice, in the Canopy Camp grounds.

Toucans Ramphastidae

Collared Aracari

Pteroglossus torquatus torquatus

Several great sightings (even at feeders!), throughout the country.

Keel-billed Toucan

Ramphastos sulfuratus brevicarinatus

Sighted almost daily, throughout the country!

Yellow-throated Toucan (VU)

Ramphastos ambiguus swainsonii

Observed on about half the days of both tours combined.

Woodpeckers Picidae

Olivaceous Piculet

Picumnus olivaceus flavotinctus

A few great views during our time in the Darién.



Black-cheeked Woodpecker

Melanerpes pucherani

Several sightings in the Darién, followed by a few in the Canal area, and in Cerro Azul.

Red-crowned Woodpecker

Melanerpes rubricapillus

Sighted almost daily, throughout the country.

Red-rumped Woodpecker

Veniliornis kirkii

A few good sightings in the Darién.

Stripe-cheeked Woodpecker

Piculus callopterus

One of the highlights of the trip was finally catching up with this species, a pair of which was seen attending a nest in Cerro Azul, right on the eleventh hour!

Golden-green Woodpecker

Piculus chrysochloros xanthochlorus

A (very) extended sighting of this species during our second day in the Darién. **Spot-breasted Woodpecker** Colaptes punctigula ujhelyii

A chance encounter with one during our lunch-break/shopping spree in Sinai, Darién.

Cinnamon Woodpecker

Celeus loricatus

A few fantastic sightings during the Darién extension.

Lineated Woodpecker

Dryocopus lineatus lineatus

Two sighting in the Darién, another in the Canal area.

Crimson-bellied Woodpecker

Campephilus haematogaster splendens

Great views of this very special bird during our walk to the Harpy Eagle site.

Crimson-crested Woodpecker

Campephilus melanoleucos malherbii

A handful of sightings spread between the two trip segments.

Falcons and Caracaras Falconidae

Red-throated Caracara

Ibycter americanus

One sighting in the Darién.

Yellow-headed Caracara

Milvago chimachima cordata

Sighted almost daily throughout the trip.

Laughing Falcon

Herpetotheres cachinnans

Two sightings near Sinai, Darién.

(H) Slaty-backed Forest Falcon

Micrastur mirandollei

Heard, pre-dawn, from the Canopy Camp grounds.

American Kestrel

Falco sparverius sparverius

Sighted on four days during the Darién extension.

Bat Falcon

Falco rufigularis petoensis

One sighting of a single individual perched on a bridge near Lake Bayano.

African & New World Parrots Psittacidae

Orange-chinned Parakeet

Brotogeris jugularis jugularis

Near-daily sightings throughout the country.

Brown-hooded Parrot

Pyrilia haematotis

Several sightings - in the Darién and in the Canal area.

Blue-headed Parrot

Pionus menstruus rubrigularis

Also sighted on several occasions – throughout the country.

Red-lored Amazon

Amazona autumnalis salvini

Regular observations in the Darién and in the Canal area.

Southern Mealy Amazon (NT)

Amazona farinosa

Near-daily sightings during our time in the Darién.

Spectacled Parrotlet

Forpus conspicillatus conspicillatus

Successfully 'twitched' at a gas station near Yaviza, Darién.

Blue-and-vellow Macaw

Ara ararauna

A pair seen briefly on our third morning in the Darién.

Great Green Macaw (EN)

Ara ambiguus ambiguus

Another unforgettable sighting from our time in the Darién!

Chestnut-fronted Macaw

Ara severus

Great views of a pair, in the Canopy Camp grounds.

Broadbills Eurylaimidae

Sapayoa

Sapayoa aenigma

The undoubted highlight of the final day of our Darién extension was admiring one of these special birds for a prolonged period near Nusagandi.

Ovenbirds and Woodcreepers Furnariidae

Double-banded Greytail

Xenerpestes minlosi

Good looks at this species along the Canopy Camp access road, followed by another two days later.

Spotted Barbtail

Premnoplex brunnescens

One sighting at the top of Cerro Gaital.

Buff-throated Foliage-gleaner

Automolus ochrolaemus

One sighting in forest near Nusagandi.

Plain Xenops

Xenops minutus

Observed 1 day in total.

Streaked Xenops

Xenops rutilans

Several sightings during the main tour.

Plain-brown Woodcreeper

Dendrocincla fuliginosa ridgwayi

One sighting in the Darién, a few in the Canal area.

Ruddy Woodcreeper

Dendrocincla homochroa

A very brief sighting of one along the pipeline track.

Wedge-billed Woodcreeper

Glyphorynchus spirurus

Good looks at a few during our time in the El Valle area.

Northern Barred Woodcreeper

Dendrocolaptes sanctithomae

A few sightings around the pipeline track and RDC access road.

Cocoa Woodcreeper

Xiphorhynchus susurrans

The most-commonly encountered woodcreeper throughout the country.

Black-striped Woodcreeper

Xiphorhynchus lachrymosus

Sighted on one day only – during our first visit to Cerro Azul.

Spotted Woodcreeper

Xiphorhynchus erythropygius

Great views, of possibly the same individual, on two days – near Cerro Gaital.

Streak-headed Woodcreeper

Lepidocolaptes souleyetii

Daily sightings during our time in the eastern Darién.

Red-billed Scythebill

Campylorhamphus trochilirostris brevipennis

A couple of sightings in the Darién, including one near Sinai village.

Antbirds Thamnophilidae

Fasciated Antshrike

Cymbilaimus lineatus fasciatus

A few seen very well in the Canal area.

Great Antshrike

Taraba major

One watched through the scope along the Canopy Camp access road.

Barred Antshrike Thamnophilus doliatus

First seen in our Panama City hotel grounds.

Black Antshrike Thamnophilus nigriceps

Two very satisfactory sightings during our time in the Darién!

Black-crowned Antshrike Thamnophilus atrinucha atrinucha

Several sightings – in the Darién and in the Canal area.

Plain Antvireo

Dysithamnus mentalis
Repeated views of a pair during one of our mornings in 'the dip', El Valle.

Spot-crowned Antvireo

Dysithamnus puncticeps

Great views of at least one individual associating with the same flock as the species above.

Checker-throated Antwren *Epinecrophylla fulviventris*

Also seen in the same bird party as the above two species, as well as on a few occasions in the

Canal area.

Moustached Antwren Myrmotherula ignota ignota

A couple of sightings along the pipeline track.

White-flanked Antwren Myrmotherula axillaris albigula

Sightings in both the Darién and Canal area.

Slaty Antwren Myrmotherula schisticolor schisticolor

One of several species seen in the large mixed party we bumped into on our first morning in the

El Valle area.

Rufous-winged AntwrenHerpsilochmus rufimarginatus exiguus

Just the one decent sighting – near the Harpy Eagle sighting.

Dot-winged Antwren *Microrhopias quixensis*

Several sightings in the Canal area.

Dusky AntbirdGood views of a few individuals (mostly females) in Metropolitan Park. **Bare-crowned Antbird**Gymnocichla nudiceps

Two pairs sighted during our time in the Darién.

White-bellied Antbird *Myrmeciza longipes panamensis*

Eventually found, and seen very well, in Metropolitan Park.

Chestnut-backed Antbird Myrmeciza exsul A handful of sightings in total, split between both trip segments.

Bicolored Antbird *Gymnopithys bicolor*

Fantastic close-ups along pipeline track.

Spotted Antbird *Hylophylax naevioides*

Several great encounters in the Canal area.

Ocellated Antbird Phaenostictus mcleannani

One of the stars of Pipeline Road, and disappoint it did not!

Antthrushes Formicariidae

Black-faced Antthrush Formicarius analis

One brief sighting near the start of pipeline track, another along the Las Zamias track (El Valle).

Tyrant Flycatchers *Tyrannidae*

(H) Sooty-headed Tyrannulet Phyllomyias griseiceps

Heard once in the Darién.

Yellow-crowned Tyrannulet Tyrannulus elatus

A couple of sightings along the Canopy Camp access road.

Yellow-bellied ElaeniaA few sightings in the Darién, followed by more in the El Valle area.



Lesser Elaenia Elaenia chiriquensis chiriquensis

Sightings at a few locations, including Panama City and Cerro Campana. **Brown-capped Tyrannulet**Ornithion brunneicapillus

First sighted near Nusagandi.

Mouse-colored Tyrannulet Phaeomyias murina eremonoma

A handful on Cerro Campana.

Yellow Tyrannulet Capsiempis flaveola semiflava

Good views along the old Gamboa road.

Mistletoe Tyrannulet Zimmerius parvus

Nusagandi, Cerro Azul and the El Valle area.

Panamanian Tyrannulet Phylloscartes flavovirens

One brief sighting in Metropolitan Park.

Olive-striped FlycatcherMionectes olivaceusFirst sighted, and seen very well, at the base of the Cerro Gaital trail.Ochre-bellied FlycatcherMionectes oleagineus

A few sightings in the Darién and a couple in the Canal area.

Black-capped Pygmy Tyrant *Myiornis atricapillus*

Great views of one during our trudge to the Harpy.

Southern Bentbill Oncostoma olivaceum

A couple of sightings in the Darién, and several in the Canal area.

Scale-crested Pygmy Tyrant Lophotriccus pileatus luteiventris

Great views of one on our first visit to Cerro Azul.

Common Tody-Flycatcher Todirostrum cinereum wetmorei

Several sightings in the grounds of our Panama City hotel, among a few others in the Canal area.

Black-headed Tody-Flycatcher *Todirostrum nigriceps*

Sighted in the Canopy Camp grounds and in the Canal area.

Olivaceous Flatbill Rhynchocyclus olivaceus bardus

Great views of a pair, along pipeline track.

Yellow-olive Flatbill Tolmomyias sulphurescens flavoolivaceus

Two sightings in the Canal area.

Yellow-margined Flatbill Tolmomyias flavotectus

A few sightings in the Darién.

White-throated Spadebill Platyrinchus mystaceus neglectus

Great views of one during our descent from Cerro Gaital.

Black Phoebe Sayornis nigricans

One sighting – from the bridge below Cerro Azul.

Yellow-bellied Flycatcher *Empidonax flaviventris*

Good views of one along the Canopy Camp access road.

Pied Water Tyrant Fluvicola pica

Eventually seen well on the shores of Lake Bayano.

Long-tailed TyrantColonia colonus leuconota

Several sightings in the Darién.

Piratic Flycatcher Legatus leucophaius

Daily sightings of a pair in the Canopy Camp grounds, followed by a couple more in the Canal

area.

Rusty-margined Flycatcher *Myiozetetes cayanensis hellmayri*

A couple of sightings in the Darién, and just as many in the Canal area.

Social Flycatcher Myiozetetes similis columbianus

Several in the Darién, a few in the Canal area.

Grey-capped Flycatcher *Myiozetetes granadensis*

One sighting in the Canal area.

Great Kiskadee Pitangus sulphuratus guatimalensis

A few sightings, scattered throughout the country but mostly in the Canal area. **Lesser Kiskadee**Philohydor lictor panamensis

One sighting in the Canal area.

Streaked Flycatcher *Myiodynastes maculatus*

Sighted throughout the country.

Boat-billed Flycatcher *Megarynchus pitangua mexicanus*

A few sightings in the Darién, a couple in the Canal area.

Tropical Kingbird *Tyrannus melancholicus satrapa*

Daily sightings.

Scissor-tailed Flycatcher Tyrannus forficatus

A couple of sightings in the Darién, another in the Canal area.

Fork-tailed Flycatcher Tyrannus savana monachus

Sighted on three days during our time in the Darién.

Rufous Mourner Rhytipterna holerythra

One sighting during our walk to the Crested Eagle nest.

Choco SirystesSirystes albogriseus

Great views of at least one pair in the Darién.

Dusky-capped Flycatcher *Myiarchus tuberculifer*

A couple sighted during our first visit to Cerro Azul.

Panamanian Flycatcher Myiarchus panamensis panamensis

One sighting along the old Gamboa road, another in El Valle.

Great Crested Flycatcher *Myiarchus crinitus*

Sighted in the Darién and in the RDC-pipeline track area.

Bright-rumped AttilaAttila spadiceus

One sighting near the Great Green Macaw nest, another near the RDC.

Cotingas Cotingidae

Blue Cotinga Cotinga nattererii

A female in the Darién, and several lovely males from the RDC tower.

Purple-throated FruitcrowQuerula purpurata

Also sighted in the Darién and from the RDC tower.

Manakins *Pipridae*

Lance-tailed Manakin Chiroxiphia lanceolata

First sighted along the old Gamboa road, and then in Metropolitan Park.

White-ruffed Manakin

Corapipo altera

Cerro Azul and Cerro Gaital.

Blue-crowned Manakin Lepidothrix coronata

Great close-ups from a restaurant along the road to Nusagandi.

Golden-collared ManakinManacus vitellinus

Several sightings of both males and females – in the Darién, and in the Canal area.

Red-capped ManakinCeratopipra mentalis

Striking males along the Nusagandi road and near the RDC.

Golden-headed Manakin Ceratopipra erythrocephala erythrocephala

A couple of great looks during the Darién extension.

Tityras, Becards Tityridae

(LO) Northern Royal Flycatcher Onychorhynchus mexicanus mexicanus

Darién.

Sulphur-rumped Myiobius *Myiobius sulphureipygius*

In 'the dip', near El Valle.

Black-tailed Myiobius Myiobius atricaudus atricaudus

One sighting along the old Gamboa road.

Ruddy-tailed FlycatcherTerenotriccus erythrurus fulvigularis

One sighting in the Darién, another along pipeline track.

Black-crowned TityraTityra inquisitor

Several sightings in the Darién, a couple in the Canal area.

Masked Tityra semifasciata

As with the species above.

Northern Schiffornis Schiffornis veraepacis

One sighting/encounter on Cerro Campana.

Cinnamon Becard Pachyramphus cinnamomeus

A few sightings in the Darién.

Vireos Vireonidae

Green Shrike-Vireo Vireolanius pulchellus viridiceps

Eventually seen, and unexpectedly well, in Metropolitan Park – well deserved!

Yellow-throated Vireo Vireo flavifrons

A single sighting from the Canopy Camp grounds, and a few more in the Canal area.

Red-eyed Vireo Vireo olivaceus olivaceus

Almost daily sightings around El Valle.

Yellow-green Vireo Vireo flavoviridis flavoviridis

A few sightings around El Valle.

Golden-fronted Greenlet Hylophilus aurantiifrons aurantiifrons

Sighted near the RDC, and on Cerro Campana.

Scrub Greenlet Hylophilus flavipes

Good looks at a singing individual in El Valle town.

Lesser Greenlet Hylophilus decurtatus

A handful in total, with a couple in the Darién and a few in the Canal area.

Crows, Jays, and Magpies Corvidae

Black-chested Jay Cyanocorax affinis zeledoni

A few sighted in the Darién, followed by daily sightings in and around El Valle.

Swallows *Hirundinidae*

Mangrove Swallow Tachycineta albilinea

Several sightings in the Darién and Canal area.

Grey-breasted Martin *Progne chalybea chalybea*

Almost daily sightings at low elevations.

Northern Rough-winged Swallow Stelgidopteryx serripennis

One sighting in the canal area.

Southern Rough-winged Swallow Stelgidopteryx ruficollis

A handful of sightings shared between the Darién and Canal area.

Barn Swallow Hirundo rustica erythrogaster

As with the species above.

Donacobius Donacobiidae

Black-capped Donacobius Donacobius atricapilla brachypterus

A couple of sightings during our boat rides between Yaviza and El Real, (Darién).

Wrens Troglodytidae

White-headed Wren Campylorhynchus albobrunneus

A few great sightings in the Darién.

Black-bellied Wren Pheugopedius fasciatoventris

Great views in the Darién and in the Canal area.

Rufous-breasted WrenPheugopedius rutilus hyperythrus

Three sightings in the Canal area.

Rufous-and-white WrenThryophilus rufalbus castanonotus

Great views of one - in Metropolitan Park.

Canebrake Wren Cantorchilus zeledoni

A pair of wrens, looking and sounding exactly like this species, were seen very well at the Ammo Dump Ponds. The only problem is that current information on this recently split species would suggest this is well out of range. This may indicate a gap in the knowledge of the species, or even that the split was overzealous! Watch this space for an update.

Isthmian WrenCantorchilus elutus

A singing bird seen very well on Cerro Azul.

Buff-breasted WrenCantorchilus leucotis

Observed 1 day in total.

Bay Wren

Cantorchilus nigricapillus

Heard on a few occasions in the Darién, eventually seen around El Valle.

Stripe-throated Wren

Cantorchilus leucopogon

One sighting near the Harpy Eagle site.

House Wren Troglodytes aedon

Almost daily sightings, throughout the country.

White-breasted Wood Wren Henicorhina leucosticta

A couple of sightings around El Valle.

Grey-breasted Wood WrenHenicorhina leucophrys

At least on pair sighted – Cerro Campana.

(H) Southern Nightingale-Wren Microcerculus marginatus luscinia

The Canal area and Cerro Azul.

Song Wren Cyphorhinus phaeocephalus

Good views of a singing pair near Sinai, Darién.

Gnatcatchers Polioptilidae

Tawny-faced Gnatwren *Microbates cinereiventris*

One sighting near Nusagandi (during our second visit), and another on Cerro Azul.

Long-billed GnatwrenRamphocaenus melanurus

Good views of at leat one, along the La Laguna Trail, Old Gamboa Resort.

Tropical Gnatcatcher Polioptila plumbea

Several sightings throughout the country.

Mockingbirds and Thrashers Mimidae

Grey CatbirdDumetella carolinensis

Cerro Campana.

Tropical Mockingbird *Mimus gilvus tolimensis*

Also sighted on several occasions, throughout the country.



Thrushes and Allies Turdidae

Swainson's Thrush Catharus ustulatus

One sighting dring our first visit to Cerro Azul.

Clay-colored Thrush Turdus grayi casius

Commonly sighted throughout both trip segments.

Old World Sparrows Passeridae

House Sparrow Passer domesticus domesticus

A few sighted along the main road through the Darién.

Finches, Euphonias Fringillidae

Lesser Goldfinch Spinus psaltria colombianus

Cerro Azul and Cerro Campana.

Yellow-crowned Euphonia Euphonia luteicapilla

Several sightings throughout the country.

Thick-billed Euphonia Euphonia laniirostris crassirostris

Sighted almost daily, throughout the country.

Fulvous-vented Euphonia Euphonia fulvicrissa fulvicrissa

Several sightings spread between the Darién and Canal area.

Tawny-capped Euphonia Euphonia anneae

Great views of few around El Valle.

New World Warblers Parulidae

(LO) Worm-eating Warbler Helmitheros vermivorum

Near the Albrook Inn.

Louisiana Waterthrush Parkesia motacilla

One sighting in El Valle.

Northern Waterthrush Parkesia noveboracensis

A handful of sightings spread between the Darién and Canal area.

Golden-winged Warbler (NT) Vermivora chrysoptera

Wonderful sightings of a few males - all around El Valle.

Black-and-white Warbler *Mniotilta varia*

Sightings on Cerro Azul and around El Valle.

Prothonotary Warbler Protonotaria citrea

A handful of sightings in the Darién.

Tennessee Warbler *Leiothlypis peregrina*

Several, scattered sightings.

Mourning Warbler Geothlypis philadelphia

Sighted almost daily, in and around El Valle.

American Redstart Setophaga ruticilla

One sighting on Cerro Azul.

Bay-breasted Warbler Setophaga castanea

Sighted at almost all sites visited, including the Darién, the Canal area and El Valle.

American Yellow Warbler Setophaga aestiva aestiva

Several in the darien, a couple in the west-central valleys.

Chestnut-sided Warbler Setophaga pensylvanica

Several sightings during the main tour.

Myrtle Warbler Setophaga coronata hooveri

One watched through the scope, near El Valle.

Rufous-capped Warbler

Basileuterus rufifrons

Near-daily sightings at higher elevations in the west.

Canada Warbler

Cardellina canadensis

A couple of sightings in the west.

Troupials and Allies *Icteridae*

Red-breasted Blackbird

Sturnella militaris

One sighting in the Darién.

Chestnut-headed Oropendola

Psarocolius wagleri ridgwayi

Sighted throughout the country, except in the Canal area.

Crested Oropendola

Psarocolius decumanus melanterus

A few sightings in the Darién.

Black Oropendola

Psarocolius guatimozinus

A few sightings, after significant effort initially, in the Darién.

Yellow-rumped Cacique

Cacicus cela vitellinus

Daily sightings in the Darién.

Scarlet-rumped Cacique

Cacicus microrhynchus

Eventually seen well along the RDC access road.

Yellow-backed Oriole

Icterus chrysater giraudii

A few sightings throughout the lowlands.

Baltimore Oriole

Icterus galbula

Daily sightings in the Darién, followed by a couple more - west of the Canal.

Orchard Oriole

Icterus spurius

A handful in the Darién.

Orange-crowned Oriole

Icterus auricapillus

Great views during our third morning in the Darién.

Giant Cowbird

Molothrus oryzivorus

A brief sighting in the Darién, followed by excellent views near El Valle.

Shiny Cowbird

Molothrus bonariensis cabanisii

A few in the Darién, a couple in the Canal area.

Great-tailed Grackle

Quiscalus mexicanus peruvianus

Daily sightings during the main tour, a handful in the Darién.

Bananaquit Coerebidae

Bananaquit

Coereba flaveola

Sighted almost daily.

Buntings, Sparrows and Allies Emberizidae

Black-striped Sparrow

Arremonops conirostris

Good views along the old Gamboa road and on Cerro Campana.

Orange-billed Sparrow

Arremon aurantiirostris

Two sightings in Metropolitan Park.

Common Bush Tanager

Chlorospingus flavopectus

Oe sighting near the top of Cerro Gaital.

Tanagers and Allies Thraupidae

Dusky-faced Tanager

Mitrospingus cassinii

A couple of great looks, in El Valle.

Grey-headed Tanager

Eucometis penicillata

Great close-ups along the RDC access road.

White-shouldered Tanager Tachyphonus luctuosus

Several, scattered sightings.

Tawny-crested TanagerTachyphonus delatriiSeveral sightings - along the Nusagandi road and the El Valle area.White-lined TanagerTachyphonus rufus

Metropolitan Park.

Crimson-backed Tanager Ramphocelus dimidiatus

Sighted on most days.

Lemon-rumped Tanager Ramphocelus icteronotus
Sighted along the road to Nusagandi, in the Canal area, and around El Valle.
Blue-grey Tanager Thraupis episcopus

Near-daily sigthings.

Palm Tanager Thraupis palmarum atripennis

As with the above species, until we crossed the Canal.

Plain-colored Tanager Tangara inornata

Also sighted almost daily.

Emerald Tanager Tangara florida

Good looks during our first visit to Cerro Azul.

Silver-throated Tanager Tangara icterocephala

A few good sightings in the El Valle area.

(LO) Speckled Tanager Tangara guttata eusticta

Cerro Azul.

Bay-headed Tanager Tangara gyrola

Several sightings spread between all of the higher elevation sites visited during the main tour.

Rufous-winged Tanager Tangara lavinia

A handful sighted during our first visit to the Nusagandi area.

Golden-hooded TanagerTangara larvata

Several sightings throughout the country.

Scarlet-thighed Dacnis Dacnis venusta

Two sightings during our first visit to the Nusangandi area.

Blue Dacnis Dacnis cayana

Several in the Darién, a couple in the RDC area.

Shining Honeycreeper *Cyanerpes lucidus isthmicus*

A handful of sightings split between both tours, best of which was at feeders in Cerro Azul.

Red-legged HoneycreeperCyanerpes cyaneus carneipes

Several great views during our time in the Canal area and further west.

Green Honeycreeper Chlorophanes spiza argutus

Sightings along the Nusagandi road and on Cerro Azul.

Sulphur-rumped TanagerHeterospingus rubrifrons

Eventually tracked down, for great views, along the Nusagandi road.

Black-and-yellow Tanager Chrysothlypis chrysomelas

Sightings along the Nusagandi road and around Cerro Azul.

White-eared Conebill Conirostrum leucogenys panamense

Good looks at a few in the Sinai area, (Darién).

Saffron Finch Sicalis flaveola flaveola

A handful seen during our first drive through the Albrook area. **Buff-throated Saltator**Saltator maximus

A couple of sightings in the Canal area, followed by several west of the Canal.

Streaked Saltator Saltator striatipectus

Sighted at handful of sites, including Lake Bayano and the Ammo Dump Ponds.

Blue-black Grassquit Volatinia jacarina splendens

A few flocks in the Darién.

Variable Seedeater Sporophila corvina

Common in the Canal area.

Yellow-bellied Seedeater Sporophila nigricollis nigricollis

A handful sighted along the old Gamboa road.

Thick-billed Seed Finch

Also seen along the old Gamboa road, as well as in Metropolitan Park.

Yellow-faced Grassquit

Tiaris olivaceus

Several – along the Nusagandi road and west of the Canal.

Rosy Thrush-Tanager Rhodinocichla rosea eximia

Eventually tracked down in Metropolitan Park.

Cardinals and Allies Cardinalidae

Tooth-billed Tanager Piranga lutea testacea

Great views during both visits to Cerro Azul.

Summer Tanager *Piranga rubra rubra*

Several sightings, including one of a male perched very close to the above species (in Cerro

Azul).

Scarlet TanagerPiranga olivaceaOne sighting in the last few moments of our second visit to Cerro Azul.Red-crowned Ant TanagerHabia rubica vinacea

One sighting at 'the dip', El Valle.

Red-throated Ant TanagerHabia fuscicauda

Several sightings during the main tour.

Carmiol's Tanager Chlorothraupis carmioli
Surprisingly, just one decent sighting between two trips to Cerro Azul.

Rose-breasted Grosbeak Pheucticus ludovicianus

Seen by all during our time in the Canal area, sighted only by myself in the Darién.

Black-faced Grosbeak Caryothraustes poliogaster scapularis

A small flock at the base of Cerro Gaital.

Blue-black Grosbeak Cyanocompsa cyanoides

Three sightings, two of which were on Cerro Azul, including only one where everyone looked!

Indigo Bunting Passerina cyanea

One sighting during our second visit to Cerro Azul.

Painted Bunting (NT)Passerina ciris pallidior

One sighting along the old Gamboa road.

Mammals (16 in total)

Opossums Didelphidae

Black-eared Opossum

Didelphis marsupialis

One sighting in the Darién.

Two-toed Sloths Bradypodidae

Brown-throated Three-toed SlothBradypus vaiegatus

A handful of great sightings, spread throughout the country.



Three-toed Sloths Megalonychidae

Hoffman's Two-toed Sloth

Choloepus hoffmanni

A few sightings, east of the Canal.

Marmosets and Allies Callithrichudae

Geoffroy's Tamarin

Saguinus geoffroyi

Near-daily sightings in the Darién.

New World Monkeys Cebidae

White-throated Capuchin

Cebus capucinus

A few sightings in the Canal area.

Howler, Spider and Woolly Monkeys Atelidae

Mantled Howler Monkey

Alouatta palliata

Heard or seen almost every day in the Darién and around the Canal.

Rabbits and Hares Leporidae

Tapeti Sylvilagus brasiliensis

One sighting in the Canal area.

Agoutis Dasyproctidae

Central American Agouti

Dasyprocta punctata

Near-daily sightings in the Canal area.

Night Monkeys Aotidae

Panaman Night Monkey

Aotus zonalis

One sighting in Gamboa.

Squirrels Sciuridae

Central American Dwarf Squirrel

Microsciurus alfari

Two sightings in the Canal area.

Red-tailed Squirrel

Sciurus granatensis

A handful of sightings, spread between the Darién and the Canal area. Variegated Squirrel

Sciurus variegatoides

Several sightings in the Canal area.

Weasels, Skunks, Otters Mustelidae

(LO) Tayra

Eira barbara

Canopy Camp.

Raccoons and Relatives *Procyonidae*

White-nosed Coati

Nasua narica

A couple of sightings in the Canal area.

Deer Cervidae

White-tailed Deer

Odocoileus virginianus

One sighting near the Miraflores Locks.

New World Leaf-nosed Bats Phyllostomidae

Tent-making Bat

Uroderma bilobatum

Gamboa Resort.

